

Consult Appointment Management Office

(619) 532-8225 x1

Michelle Roldan

MRI Non-Routine

- ||||| This includes ASAP, URGENT, STAT, Inpatient and ED requests
- ||||| Ordering Healthcare Provider must contact the On-Call Radiology Service at 619-453-6379

MRI Routine

||||| Appointments are scheduled by CAMO

(619)532-8225x1

||||| Ensure that there is an updated phone number for the patient

||||| Please be specific on your order.

||||| **If x-ray was done on a ship, please indicate what was ordered and when it was completed. Please have patient bring it with them to their appointment**

||||| Ordering healthcare providers are responsible for ordering sedative if patient is claustrophobic

MRI Prerequisites

- **Prior to any musculoskeletal MRI, a recent (within 6 months) x-ray is required.**
- **Organs and Spine MRI does not require x-rays**
- **MRI with contrast: if patient is >60 or has a history of renal failure or kidney disease or high blood pressure or diabetes, **GFR lab must be ordered** and done within 45 days of MRI appointment**

MRI New Changes

Knee > 60 y/o from PCM w/ dx of DJD/degenerative changes

||||| Exam is not indicated for degenerative changes per American College Radiology Appropriateness Criteria. If you have a specific protocol question please call 619-532-8666 and ask to speak w/ the musculoskeletal radiologist

<http://www.guideline.gov/content.aspx?id=43872>

Independent Duty Corpsman may not order studies directly.

||||| Exception is Fleet Liaison: IDC HMCS Scott Spence places orders from the Fleet; a medical officer's phone number or email will accompany all orders from him.

Orthopedics

- CAMO schedules the first appointment for Ortho.

- Patient is considered an established patient for one year from their first appointment and follow ups are schedule directly with the Ortho

- Orthopedic Department is divided into several subspecialties each with their own prerequisites.

- Ortho NMCSO
619-532-8429x3

- Ortho NTC
619-524-0146

- **All Ortho referrals require imaging within 6 months**

Orthopedic Non-Routine

- ||||| This includes ASAP/STAT/URGENT, inpatient requests
- ||||| Ordering Healthcare Provider must contact the
BONE PHONE 619-954-6797

Ortho Spine Requirements

- |||||MRI within 1 year
- |||||3 view x-ray within 6 months
- |||||Physical Therapy x6 weeks
- |||||**Documentation that patient is requesting surgical intervention**

- |||||Ortho Spine is located at NTC Point Loma
- |||||MEB/PEB/LIMDU- patient still needs to meet the requirements
- |||||If your patient is not interested in surgical intervention, patient may be better suited for Pain Management

Ortho Podiatry

- Podiatry is located at NTC Point Loma

- This is the only Ortho Clinic that creates custom orthotics

- Bilateral weight-bearing x-rays are required prior to orthotic consult.**

- Patients must bring their work (boots, dress) and running shoes with them to their appointment.

- Podiatry will also see ingrown toenails, infections, corns, calluses or DM care.

- Plantar warts are sent to Dermatology

- Patient who have ingrown toenails must wear open toe shoes or sandals

Ortho Hand

Ortho Hand is located at NMCSD Bldg 1, 1st floor

Imaging within 6 months are required

Carpal tunnel or Cubital tunnel referrals: **All compressive nerve pain needs documented abnormal NCS or EMG prior to Ortho Hand consult**

Pain Management Non-Routine

- ||||| This includes all ASAP/URGENT/STAT requests
- ||||| Ordering Healthcare Provider must contact On-Call Pain Service 619-677-7415

Pain Management

- Ordering Healthcare Provider must be a Physician, Nurse Practitioner or Physician's Assistant and cannot originate from the Emergency Department
- CAMO schedules their first appointment
- Pt's are established for 1 year from their first appointment. Established pt's can call Pain Management directly to schedule f/u appointments
619-532-8937x2
- For Spine related referrals: MRI within 1 year and x-ray 3 views within 6 months are required**
- Referrals requesting opioid medications must include provider's POC info
- Consults concerning initiation or titration of opioid for non-cancer pain , the referring provider will continue to provide opioid prescriptions as they see medically required until such time as the patient and provider can sign a three-way opioid agreement identifying the roles and responsibilities of the patient, the pain medicine center and the referring provider

OB/GYN

OB/GYN clinics are located at NMCSD, NTC and Miramar

CAMO schedules the first appointment

OB/GYN patients are established for 1 year from their first appointment. Pt's who are established can call OB/GYN directly to schedule

OB/GYN NMCSD
619-532-7000 or
532-7082

OB/GYN NTC
619-524-6195
OB/GYN Miramar
858-577-6740

OB/GYN

Pregnancy

- ||||| CAMO will schedule first appointment

- ||||| Pt's will be sent a prenatal packet via email to fill out and bring with them to their appointment. If pt's do not have access to a printer, they can pick a packet up from OB/GYN Clinic at NMCSD
Bldg 3, 1st floor

- ||||| Pt's are scheduled at approximately 8 weeks gestation and will have their first US done at that appointment

- ||||| **Please indicate LMP in consult**

- ||||| All pt's will have Prenatal Registration done at NMCSD. After their registration, pt's can choose to continue OB care at NMCSD, NTC or Miramar clinic

OB/GYN

Birth Control

- There are 2 types of implantable birth control. **Please specify which one the patient would prefer. (IUD or Nexplanon)**

Fibroid/Pelvic Mass/Ovarian Cyst

- Imaging study required within 1 year
- If patient has been previously diagnosed with PCOS, no imaging is required

Endocrinology Non-Routine

- ||||| This includes ASAP/URGENT/STAT requests
- ||||| Ordering Healthcare Provider must contact the On-Call Endocrinology Service at 619-379-2947

Endocrinology Prerequisites

- ||||| Labs need to be within 30 days
- ||||| Imaging must be within 6 months
- ||||| CAMO schedules first appointment
- ||||| Patient's are established for 3 years from last visit for same diagnosis. Patient's who are established can schedule directly with Endocrinology at 619-532-7375

For All Consults

||||| Please include the patient's current contact information, this will prevent the consult from being closed due to not being able to contact the patient.

||||| Also include dates the patient is available for an appointment (ie: in port days) to ensure proper scheduling.